

A one day workshop of

Writing For Wellbeing



Saturday October 13th 2018 at 10 a.m.

THE EARTHBEAT CENTRE, SALTBURN

Therapeutic Writing facilitated by Dahlian- counsellor, writer and teacher

£40

£30 concessions

tea and coffee provided, café on site

All welcome but booking and deposit required

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Facebook - Dahlian-Writing for Wellbeing, Therapeutic Journal Writing and Counselling

